Gold's Gym &
The Buffalo Triathlon Club
present...

The Buffalo 24 Hour SpinAthon

proceeds benefiting
The American Cancer Society
February 3rd-4th, 2007

Date: Saturday, February 3-4, 2007

Time: 12:00noon - 12:00noon

Location: **Gold's Gym**
1420 French Road
Depew, NY 14043

Hot line: Karen: 716.689.6982 x112

The Event: The Buffalo 24 Hour Spinathon to benefit the American Cancer Society.

Teams: Teams may consist of 24 or fewer riders each riding a minimum of a one hour interval. Each team members will be responsible for riding at their teams designated time based on the roster that the team submits. Substitutions will be allowed only by those athletes registered for the team.

Solo Riders: Solo riders may ride a minimum of one hour and a maximum of 24 hours. One hour slots will be reserved based on a first come first serve basis. If you plan on riding for numerous hours please be prepared to bring enough fuel to sustain yourself during the event. Solo riders may bring their own bicycle and trainer if they desire. NO ROLLERS ALLOWED!!!

Awards: Top fundraising team, top fundraising individual, and the athlete who completes the most spinning hours

During Event: Food and beverages will be provided based on the number of registered athletes by January 20th, 2007.

Pledges: All athletes are required to collect a **minimum** pledge total of $25.

2007 24 Hour Buffalo SpinAthon

Checks payable to: American Cancer Society
Mail to: Attention: SpinAthon Registration
101 John James Audubon Parkway Amherst, NY 14228

Entry fees-not including $25 min. pledge per rider

_____$10 pre-register by 1/20
_____$15 after 1/20
_____$20 day of

_____$25 min pledge included

_____Total Enclosed

Register online with active.com

LAST NAME | FIRST NAME | M.I.

NUMBER AND STREET

TOWN/CITY | STATE | ZIP/POSTCODE

Shirt Size (M, L, XL, & XXL)

SEX | AGE | Solo | Team/ Name (all team athletes must complete an application) | Event use only

Please indicate your riding preference (first come first serve for spinning bikes)

noon 1 2 3 4 5 6 7 8 9 10 11 — Saturday February 3

12am 1 2 3 4 5 6 7 8 9 10 11 — Sunday February 4

Spinning Bike | My Bike

Must include a contact phone number to confirm time preference