

# The 36<sup>th</sup> Annual Dick Bessel Independence Day Run

Grand Island, New York

MONDAY, JULY 4th

Kids Race: 9:00 AM

2.3 Mile Race / Walk: 9:15 am



Event Sanctioned by USATF  
Course Certified to be accurate by USATF  
NY95024AM

Race Consultant: Richard Bessel Race Coordinator: Jim Masiello

Race Registration, finish line and timing: Score This!!!

For more information: Call the Recreation Department at (716) 773-9680



On-line registration available: [register-this.com](http://register-this.com)



Recreation Director: Linda Tufillaro

Detach here → -----

## ENTRY FORM 2011

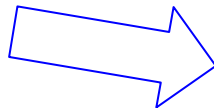
\*\*\* No rollerblades, bikes, animals, or strollers\*\*\*  
NO TELEPHONE ENTRIES.

**Entry fees (USA Funds only):**

- \_\_\_ \$15.00 2.3 mile race (running or walking)
- \_\_\_ \$ 7.00 Kids Race (314 meters)
- \_\_\_ \$25.00 day of race\* accepted until 8:15 a.m.

Pre-registration applications must be **received** by 7/1/11

\* Results for day of race entrants may not be available for awards ceremony



**Mail entry form with checks made payable to:**

Score This!!!, Inc.  
15 Ranch Trail Ct.  
Orchard Park, New York 14127

**Check one:**

- Kids Race 4-9 years only (314 meters)  
Adult small T's to all Kids

2.3 Mile  Race Runner  Race Walker

2.3 Mile race Adult T-Shirt Sizes: **Circle One** S M L XL XXL

Last Name

First Name

M.I.

Number and Street

City / Town

State / Prov

Zip / Postal Code

Sex

Age

Area Code/Phone

Date of Birth

RACE USE ONLY

**Independence Day Road Race WAIVER:**

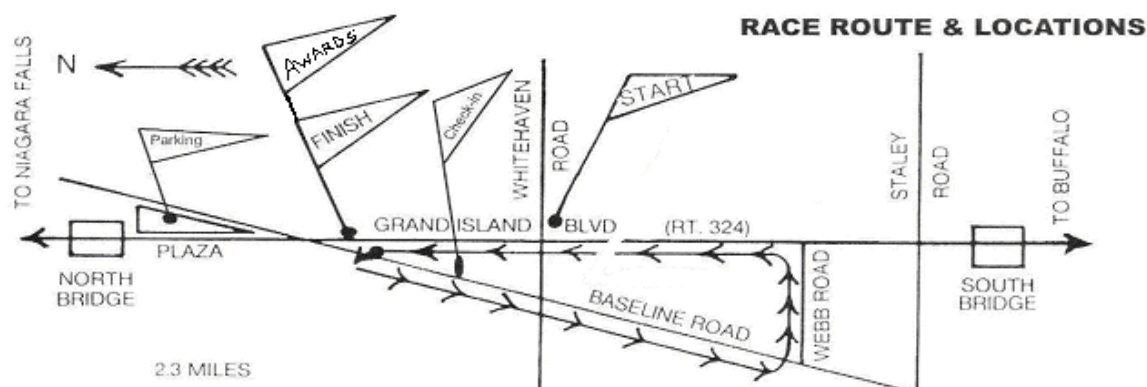
I acknowledge that running/walking is a potentially hazardous activity and I assume all risks associated with running/walking in this event including, but not limited to: falls, contact with other participants, the conditions of the course, all such risks being known and appreciated by me. In consideration of your accepting my entry, I, for myself and anyone who asserts a claim on my behalf, hereby waive and release any and all rights and claims for damages and causes for suits or action, known and unknown, that I may have against the Town of Grand Island, the Town of Grand Island Department of Recreation, and any and all participating supporters and sponsors and the directors, officers, employees, volunteers and agents of such parties ("Releasees"), for any injuries or losses arising from or related to my participating in this event, even though that liability may arise out of negligence or carelessness on the part of the persons and entities named in this waiver. I further agree to indemnify and hold harmless the Releasees against any such claim that I, or anyone on my behalf, may have or assert and against any cost including attorney's fees with respect thereto. I grant permission to all the foregoing to use any name, likeness, and identity in any photographs, motion pictures, recordings, or any other record of this event in perpetuity, throughout the world, in any media now known or developed later for any legitimate purpose.


Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian if under 18 \_\_\_\_\_

# Important Information

Race and results conducted by the Grand Island Recreation Department & Score This!!!



 This is a **ChampionChip** timed race. You will be issued a timing chip at registration / packet pickup on the morning of the race. This chip must be returned. Volunteers will be at the Finish Line to collect the ChampionChip. Failure to return the ChampionChip will result in a \$35.00 charge.

## Awards - No duplication:



### Run 2.3 Miles

Overall Male / Female  
 Top Masters Male/Female (40 & over)  
 Top Juniors Male/Female (19 & under)  
 Top 3 in each Age Group:  
 9 & under, 10-12, 13-14, 15-19, 20-24, 25-29, 30-34,  
 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69,  
 70-74, 75 & over

### Race Walk 2.3 Miles

Overall Male / Female  
 Top 3 Male/Female Divisions

Competitive race walk rules apply:

- 1) The walker must not lose contact with the ground that can be seen by the human eye.
- 2) The supporting leg must be straight from the moment of impact until the leg passes under the body

Awards will be at the Finish Line Area at 10:30 AM. (Look for the white Town van)

**Kids race:** Ages 4-9 only. **No entry under 4 years** of age will be accepted. Distance is 314 meters. 9:00 AM start at official starting line in front of Tops Market. Entry form is required.

**Registration / Check in:** Check-in area is in the lower level of the Town Hall, which will open at 7:00 AM. The races will start at 9:00 AM SHARP, rain or shine. **ALL** registration/sign-in will stop at 8:45 AM

**Parking:** Parking is available in the Grand Island Plaza parking lot on Grand Island Blvd. The parade will follow the races. If you park on the parade route you may not be able to leave until the parade is finished.

## 36<sup>th</sup> Anniversary



### Open:

Jim Dunlop (10:16.7)  
 Nancy Mieszczak (12:14.8)

### Juniors:

Joe Dunlop (10:25)  
 Marjorie Bessel (12:22.2)

### Masters:

Bob Carroll (11:03)  
 Margarita Ekiss (13:18)

### Race Walk:

Allen James (15:26)  
 Cheryl Rellinger (18:40)