

2011 Score This!!! Clinic Series

featuring

Score This!!!, Train-This!, Tri Spot Multi-Sport, TriVault, and Finger Lakes Running and Triathlon Co.

| Clinic Name | Date | Location | Time |
|-------------------------------------|----------|--------------------------|-------------------|
| Clinic#1 - Beginners Clinic | 04.27.11 | Tri Spot Multisport | 6:00-8:00pm |
| Clinic#2 - Beginners Clinic | 05.24.11 | Tri Spot Multisport | 6:00-8:00pm |
| Clinic#3a - Keuka Lake Tri | 06.04.11 | Keuka College | 2:00-2:45pm |
| Clinic#3b - Keuka Lake Tri | 06.04.11 | Keuka College | 3:00-3:45pm |
| Clinic#3c - Keuka Lake Tri | 06.04.11 | Keuka College | 4:00-4:45pm |
| Clinic#3d - Keuka Lake Tri | 06.04.11 | Keuka College | 5:00-5:45pm |
| Clinic#3e - Keuka Lake Tri | 06.04.11 | Keuka College | 5:00-5:45pm |
| Clinic#4 - Beginners Clinic (ATITB) | 06.28.11 | Tri Spot Multisport | 6:00-8:00pm |
| Clinic#5 - Summer Sizzler Clinic | 08.06.11 | Beaver Island State Park | 8:00-10:00am |
| Clinic#6 - Tri Dunkirk Clinic | 08.26.11 | Dunkirk, NY race site | 6:00 & 6:30pm |
| Clinic#7a - Open Water Clinic | 09.10.11 | Kershaw Park | 12:45-1:20pm |
| Clinic#7b - FLT Clinic | 09.10.11 | Kershaw Park | 12:30/1:30/2:30pm |

***Note - Each clinic is described in detail at <http://score-this.com>

**Hey, I was talked into doing a triathlon with a friend?
Not sure about a course? Don't know what to wear?
Training with power? Can I change in the middle
of the TA? What the heck is the TA? Is it hilly?
Which way do I go already? Where's my bike?**

Get these answers at the ST!!! clinic series.



<http://score-this.com>

Last Name

First Name

MI

Address

Town/City

State/Prov

Zip/Postal Code

Sex

Age as of

Birthdate mm/dd/yy

12/31/11

Phone Number

USAT Number

Phone Number

Email Address

Emergency Contact

Emergency Contact Phone Number

Medical Condition: _____

| Clinic Name | Date | Select | Price |
|-------------------------------------|----------|--------------------------|--|
| Clinic#1 - Beginners Clinic | 04.27.11 | <input type="checkbox"/> | FREE |
| Clinic#2 - Beginners Clinic | 05.24.11 | <input type="checkbox"/> | FREE |
| Clinic#3a - Keuka Lake Tri | 06.04.11 | <input type="checkbox"/> | FREE |
| Clinic#3b - Keuka Lake Tri | 06.04.11 | <input type="checkbox"/> | FREE |
| Clinic#3c - Keuka Lake Tri | 06.04.11 | <input type="checkbox"/> | FREE |
| Clinic#3d - Keuka Lake Tri | 06.04.11 | <input type="checkbox"/> | FREE |
| Clinic#3e - Keuka Lake Tri | 06.04.11 | <input type="checkbox"/> | FREE |
| Clinic#4 - Beginners Clinic (ATITB) | 06.28.11 | <input type="checkbox"/> | FREE |
| Clinic#5 - Summer Sizzler Clinic | 08.06.11 | <input type="checkbox"/> | FREE -USAT Members - \$10 non members |
| Clinic#6 - Tri Dunkirk Clinic | 08.26.11 | <input type="checkbox"/> | FREE |
| Clinic#7a - Open Water Clinic | 09.11.11 | <input type="checkbox"/> | FREE -Registered athletes - \$10 non members |
| Clinic#7b - FLT Clinic | 09.11.11 | <input type="checkbox"/> | FREE |

Payable & Mail to: Score This!!!, Inc
 15 Ranch Trail Ct.
 Orchard Park, NY 14127

Parent/guardian signatures
 required on race day for those
 athletes under age 18.