

## KEUKA LAKE SHORT TRI and DU/ Aquabike bike course

### BIKE COURSE – 13.8 Miles (1 loop)

MILE	ELEVATION	DIRECTION
0.0	720ft	Exit transition area heading north on Lake Avenue
0.1		Lake Avenue turns into Oak Street
0.2		Right turn onto Central Avenue
0.6		Right turn onto West Lake Road
2.7		Left turn onto Route 54A – you will be crossing the road as well
		Head south on Route 54A for approximately six miles
	840ft	Start decent down into Branchport
	720ft	End of descent
8.8	740ft	Bike turnaround in Branchport at the 4-corners blinking light
		Head north on Route 54A
	720ft	Start climb out of Branchport
	840ft	Pass scenic overlook parking area
12.3	800ft	Merge with the intermediate bikers
13.1		Right turn onto Central Avenue
13.7		Left turn onto North Avenue – you will be crossing the road as well
13.8	766ft	Transition area will be ahead on the right

### RUN COURSE – 3.1 Miles (1 loop) (note to duathletes – this is also your first run)

MILE	ELEVATION	DIRECTION
0.0	720ft	Exit transition heading south on Lake Avenue
		Veer Right not a complete Right onto E. Bluff Dr. on Lake Ave.
1.55		Straight to turn around
		Turn Around!!!
		Straight until Lake Ave.
		Veer Right on Lake Ave.
3.1		Finish line Ahead!!!



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